FOOD FIRST EVENTS & CATERING

BUFFET OR FAMILY STYLE MENU WE PUT THE FOOD FIRST IN ALL OF YOUR EVENTS!





Mixologist services + craft cocktails available at additional costs

BREAD

Assorted Bread Basket I whipped butter Housebaked Rosemary Foccacia I herb olive oil Cheddar-Jalapeno Cornbread I whipped honey butter Parker House Rolls I whipped truffle butter Garlic Parmesan Breadsticks I garlic-parmesan oil

SALAD

Butter Lettuce & Ombre Berry I butter lettuce, mixed berries, avocado, toasted pistachios, aged balsamic poppy seed dressing

Roasted Butternut Squash & Spinach | baby spinach, roasted butternut squash, dried cranberries, goat cheese, candied pecans, maple vinaigrette

Kale & Pomegranate I massaged kale, pomegranate seeds, feta cheese, toasted almonds, lemon-tahini dressing Farro & Roasted Root Vegetables I farro, roasted carrots, parsnips, red onions, arugula, honey-mustard vinaigrette Endive & Citrus I Belgian endive, mixed citrus segments, shaved fennel, pistachios, citrus vinaigrette

Apple & Walnut I mixed greens, thinly sliced apples, blue cheese crumbles, candied walnuts, apple cider vinaigrette Roasted Beet & Mâche I roasted baby beets, mâche, goat cheese mousse, crushed pistachio, blood orange dressing

Warm Lentil & Kale I warm lentils, massaged kale, roasted cherry tomatoes, crumbled feta, lemon-dijon dressing Fennel & Pear I shaved fennel, sliced pears, arugula, parmesan shavings, walnut vinaigrette

Brussels Sprout & Bacon I shredded Brussels sprouts, crispy bacon, dried cranberries, shaved parmesan, balsamic reduction

Romaine & Avocado Citrus I romaine hearts, mixed citrus, sliced avocado, green goddess dressing Cauliflower & Purple Cabbage I roasted cauliflower, shredded purple cabbage, parsley, turmeric-citrus dressing Cucumber & Oak Leaf Lettuce I oak leaf lettuce, cucumber, heirloom tomatoes, red onion, sumac dressing

CHICKEN

Tuscan Lemon Chicken I Herb-marinated, charred lemon garnish Balsamic Glaze Drizzle Chicken I Caramelized shallots, aged balsamic reduction Tequila Lime Chicken Skewers | Tequila-lime reduction, cilantro dust Caribbean Jerk Chicken | Pineapple salsa, plantain crisp Chicken Saltimbocca Medallions | Prosciutto wrap, sage beurre blanc Piri Piri Chicken Thighs | Spicy pepper sauce, lime zest Chicken Cordon Bleu Roulades | Dijon cream sauce, parsley tuile Spinach & Ricotta Chicken Roulade | Tomato coulis, micro basil Saffron Chicken Kebabs | Saffron threads, bell pepper confetti Coq au Vin I Pearl onions, lardon crisp Moroccan Chicken Skewers | Apricot couscous, harissa drizzle Korean BBQ Chicken Wings | Gochujang glaze, sesame tuile Chicken Parmesan | Housemade marinara, pearl mozzarella Chicken Tikka Masala I Tomato curry emulsion, cilantro oil Garlic Herb Chicken Confit | Roasted garlic emulsion, confit cherry tomatoes Teriyaki Chicken I Teriyaki glaze, vegetable julienne Prune and Olive Chicken I Capers, prunes, green olives, fresh herbs Honey Lemon Chicken I Lightly breaded, lemon-honey glaze, fresh thyme

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BEEF

Argentinian Churrasco | Grilled flank steak, chimichurri sauce Peppercorn Steak Au Poivre | Cognac cream sauce, peppercorn crust Ginger Soy Marinated Skirt Steak | Ginger soy reduction, toasted sesame seeds Braised Beef Short Rib | Confetti, red wine essence Chili-Rubbed Brisket | Slow-cooked, tender slices with a smoky chili rub Beef Bourguignon I Classic French stew, pearl onions, and button mushrooms Beef & Broccoli | Oyster glaze, tender stem broccoli, toasted sesame seeds Flank Steak Carving Station I Charred lemon salsa verde Balsamic Glazed Tri-Tip Carving Station | Sweet balsamic glaze, roasted pearl onion compote Roast Beef Carving Station I Garlic rosemary rub, sun-dried tomato jam (supplement) Herbes de Provence Prime Rib Carving Station I Herbes de Provence crust, garlic confit jus (supplement) Cabernet-Shallot Beef Tenderloin Carving Station I Rich cabernet reduction, crispy fried shallots (supplement) Slow Cooked Short Ribs | Braised in red wine with garlic and herbs, served with a rich demi-glace Grilled New York Steak | Marinated and grilled, served with chimichurri sauce Barbecue Brisket | Smoked and slow-cooked, served with a tangy barbecue sauce Peppercorn-Crusted Beef Skirt I Roasted and served with a creamy peppercorn sauce

PORK

Thyme-Infused Pork Chop I Oven-roasted, apple cider brine, spiced apple relish Blackberry Balsamic Pork Belly I Slow-cooked, blackberry balsamic reduction, micro greens Prosciutto-Wrapped Pork Tenderloin I Herb marinated, fig compote Char Siu Pork Ribs I Cantonese barbecue sauce, scallions, sesame Pork Osso Buco I Savory stock braised, gremolata, creamy polenta Porchetta Carving Station I Fennel pollen, rosemary jus Honey-Garlic Pork Skewers I Sweet peppers and red onion, toasted sesame seeds Pork Loin Roulade I Spinach, pine nuts, golden raisins, port wine reduction Cajun Pork Ribs I Bourbon BBQ sauce, crispy onion straw Pork Medallion I Brandy peppercorn sauce, mushroom cap

FISH

Chili-Lime Mahi Mahi I Mango salsa fresca, coconut lime emulsion Pecan-Crusted Trout I Apple-celery slaw, cider vinaigrette reduction Soy-Ginger Glazed Salmon I Edamame bean medley, black sesame garnish Lemon-Dill Salmon Filets I Cucumber ribbon salad, whipped dill créme fraîche Maple-Glazed Arctic Char I Pecan crumble topping, maple reduction Shrimp Skewers al Ajillo I Parsley gremolata, lemon oil drizzle Grilled Octopus & Chorizo Toss I Smoked paprika oil, herbed baby potatoes Roasted Snapper Provençale I Heirloom tomato-olive caponata, basil essence Mediterranean Branzino I Brown butter caper sauce, grilled lemon halos Miso-Glazed Pacific Cod I Julienne daikon radish, wasabi pea dust Tandoori-Spiced Tuna Loin I Minted cucumber raita, crispy chickpea veil (supplement) Saffron-Infused Halibut I Confit tomato concasse, Kalamata olive tapenade (supplement) Grilled Lobster Tail I Champagne butter sauce, chervil and gold leaf garnish (supplement)

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Citrus-Herb Chilean Sea Bass I Fennel citrus salad, herbed citrus vinaigrette (supplement) Blackened Swordfish Steaks I Avocado crema, pickled red onion escabeche (supplement) Seared Scallops with Caviar I Chive-infused beurre blanc, caviar topping (supplement) Sesame-Crusted Tuna I Ponzu reduction, wakame salad

PASTA

Spaghetti Aglio e Olio I Smoked garlic confit, chili threads, toasted breadcrumbs, micro basil
Classic Basil Pesto Spaghetti I Toasted pine nuts, grated Parmesan, sun-dried tomatoes, fresh basil leaves
Creamy Four-Cheese Penne I Mozzarella, fontina, gorgonzola, and Parmesan, nutmeg and crispy sage
Whole Wheat Fusilli Verde I Basil-spinach pesto, roasted pine nuts,heirloom tomatoes, burrata, balsamic reduction
Ricotta Cavatelli I Wild mushroom trio, truffle zest, sage brown butter, shaved pecorino
Rainbow Carrot Pappardelle I Carrot ribbons, hazelnut gremolata, roasted pearl onions, thyme-infused carrot purée
Garlic Butter Shrimp Linguine I Sautéed shrimp, lemon zest, parsley, chili flakes, extra-virgin olive oil
Bolognese Fusilli I Slow-cooked beef and tomato sauce, fresh oregano, grated pecorino cheese
Grilled Chicken Penne I Artichoke hearts, sun-dried tomatoes, roasted garlic Alfredo sauce, Parmigiano-Reggiano
Chianti Braised Beef Tagliatelle I Rosemary, porcini mushrooms, caramelized pearl onions, Parmesan air
Pappardelle with Wild Boar Ragu I Slow-cooked boar, red wine reduction, shaved parmesan
Orecchiette with Sausage and Broccoli Rabe I Italian sausage, sautéed broccoli rabe, garlic, and chili flakes
Seafood Linguine I Shrimp, scallops, and mussels in a garlic white wine sauce
Porcini Mushroom Risotto I Truffle oil, parmesan, and fresh parsley
Spinach and Ricotta Stuffed Shells I Marinara sauce, topped with mozzarella and baked to perfection

VEGETABLES & GRAINS

Truffle-Infused Potato Lyonnaise | Sliced potatoes, caramelized onions, truffle oil, parsley chiffonade Lemon Herb Roasted New Potatoes | Olive oil, maldon salt, lemon zest, fresh parsley gremolata Parmesan Crusted Smashed Potatoes | Sea salt, rosemary, extra virgin olive oil, fresh thyme Smoky Maple-Roasted Sweet Potatoes | Maple glaze, smoked paprika, toasted pecans Charred Broccolini with Garlic Confit I Lemon zest, chili flakes, shaved Parmesan, garlic confit Balsamic Brussels Sprouts with Chestnuts | Crispy bacon, shallots, roasted chestnuts, apple cider reduction Sumac-Spiced Grilled Zucchini I Lemon herb marinade, crumbled feta, toasted almonds, sumac Honey-Sriracha Glazed Carrots | Toasted sesame seeds, scallions, honey, sriracha Sherry Vinegar Roasted Mushrooms | Garlic butter, parsley, white wine, sherry vinegar Smoky Sweet Corn Pudding | Chive butter, crispy shallots, smoked paprika, roasted red peppers Gruyère Spinach Gratin I Creamy spinach, nutmeg béchamel, Gruyère cheese, panko crust Sesame Citrus Glazed Rainbow Carrots | Honey, thyme, orange zest, toasted sesame seeds Ratatouille Confit Byaldi I summer vegetables, tomato sauce, basil oil, micro basil Farro and Roasted Butternut Squash | Farro with roasted butternut squash, kale, and a balsamic reduction. Wild Mushroom Parmesan Farro I Creamy farro with chicken stock, wild mushrooms, cream, Parmesan, chives Almond Saffron Couscous I Saffron threads, roasted red peppers, charred onions, chickpeas, preserved lemon, toasted almonds Pomegranate Herb Quinoa I Vegetable broth, fresh herbs, lemon zest, pomegranate seeds

Coconut Ginger Jasmine Rice | Coconut milk, ginger strips, lemongrass, chiffonade of cilantro, toasted coconut flakes

Cinnamon Pomegranate Rice Pilaf I Basmati rice, fresh dill, parsley, ruby pomegranate seeds, toasted pine nuts, hint of cinnamon

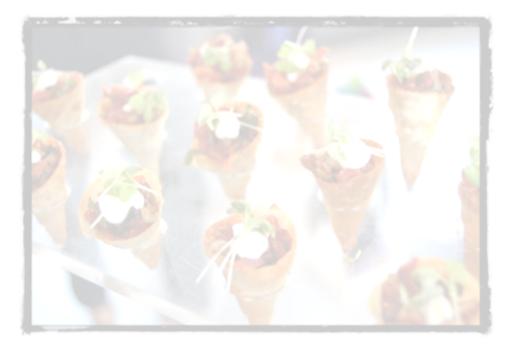
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E_T Catering Co. P 818 538 9069 | <u>events@foodfirstevents.com</u> Menu is subject to availability Administration fees, venue fees, tax & service charge is additional

BITE-SIZED DESSERTS

Lemon Bars | Tart lemon curd, buttery shortbread crust, dusted with powdered sugar Chocolate Mousse Cups I Rich dark chocolate, airy whipped cream, chocolate pearls Mini Blueberry Pies I Homemade pie crusts filled with blueberries, sugar, and butter, garnished with lemon zest and whipped cream Mini Pumpkin Cheesecakes | Silky pumpkin cheesecake in a gingersnap crust Salted Caramel Mini Cheesecakes I Creamy mini cheesecakes topped with salted caramel Mini Baklava | Bite-sized pieces of layered phyllo dough with nuts and honey syrup Mini Eclairs I Light choux pastry, vanilla bean cream, rich chocolate topping Mini Tiramisu Cups I Mascarpone blend, espresso-dipped ladyfingers, dusted with fine cocoa Mini Raspberry Mousse Tarts | Crisp tart, vibrant raspberry mousse, fresh berry Coconut Lime Cake Bites | Coconut cake, lime frosting, lime zest Berry Tartlets with Lemon Cream I Buttery tart shell, lemon cream, berries Triple Chocolate Mini Bundt Cakes I Dark, milk, and white chocolate cake, chocolate ganache, chocolate crumb Blackberry Lime Bars I Zesty lime base, blackberry puree, dusted with powdered sugar Chai-Spiced Mini Cheesecakes | Spiced cheesecake, gingersnap crust, whipped cinnamon cream Strawberry Shortcake Cups I Sponge cake, macerated strawberries, vanilla bean whipped cream White Chocolate Raspberry Blondies I White chocolate-studded blondies, raspberry swirls, white chocolate drizzle Mini Cannoli Cups I Cream-filled phyllo cups with pistachios and chocolate chips Chocolate Mint Cookie Cups I Cookies with a chocolate and mint filling Raspberry-Blueberry Crisps | Mini raspberry-blueberry crisps topped with a dollop of whipped cream Mini Caramel S'mores Cakes I Deeply chocolatey caramel-filled mini cakes topped with toasted marshmallow merinque











BUFFET PACKAGE A

CHOICE OF:

- Main Buffet
- 1 protein
- 1 salad
- 1 pasta, vegetable or grain
- 1 dessert or additional salad

BUFFET PACKAGE B

CHOICE OF:

- 3 hors d'oeuvres (please see hors d'oeuvres menu)
- cheese & charcuterie station (upgrade to different station for supplemental fee)

Main Buffet

- 2 proteins
- 1 salad
- 2 pasta, veg<mark>etable</mark> or grain
- 1 dessert or additional salad

BUFFET PACKAGE C

CHOICE OF:

- 4 hors d'oeuvres (please see hors d'oeuvres menu)
- cheese & charcuterie station (upgrade to different station for supplemental fee)
- mezze platter (upgrade to different station for supplemental fee)

Main Buffet

- 3 proteins
- 2 salad
- 2 pasta, vegetable or grain
- 1 dessert or additional salad

FOOD FIRST EVENTS



BUFFET PACKAGE D

CHOICE OF:

- 5 hors d'oeuvres (please see hors d'oeuvres menu)
- Sushi & Sashimi Station or Chilled Seafood Bar

Main Buffet

- 3 proteins
- 2 salad
- 2 pasta, vegetable or grain
- 1 dessert or additional salad

BUFFET PACKAGE E

CHOICE OF:

- 6 hors d'oeuvres (please see hors d'oeuvres menu)
- Sushi & Sashimi Station with a live chef making sushi or Chilled Seafood Bar
- Choice of mezze platter or cheese and charcuterie spread (or upgrade to any other station for supplemental fee)

Main Buffet

- 3 proteins
- 2 salad
- 2 pasta, vegetable or grain
- 3 desserts or late night bites (choose 3 hors d'oeuvres)

BUFFET PACKAGE F

CUSTOM

FOOD FIRST EVENTS